To allow online verification of eligibility at medical care institutions

Notify your employer of your individual number!
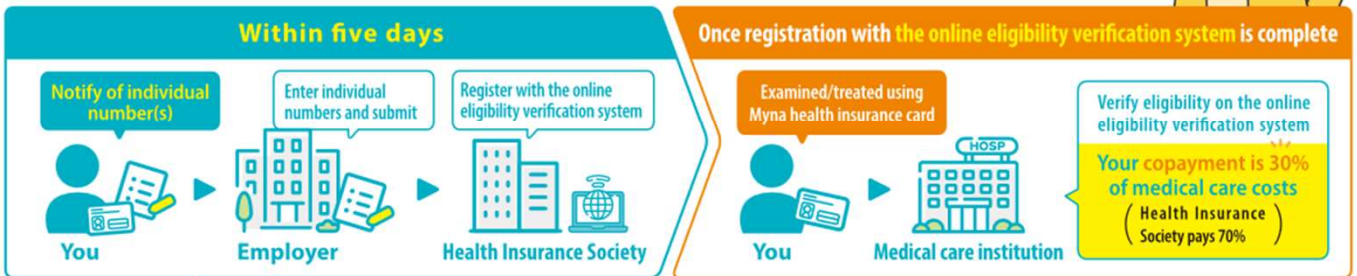
Your individual number is found on the back of your Individual Number Card or My Number ("Myna") Card

Members are legally required to notify their health insurance societies of their individual numbers via their employers.
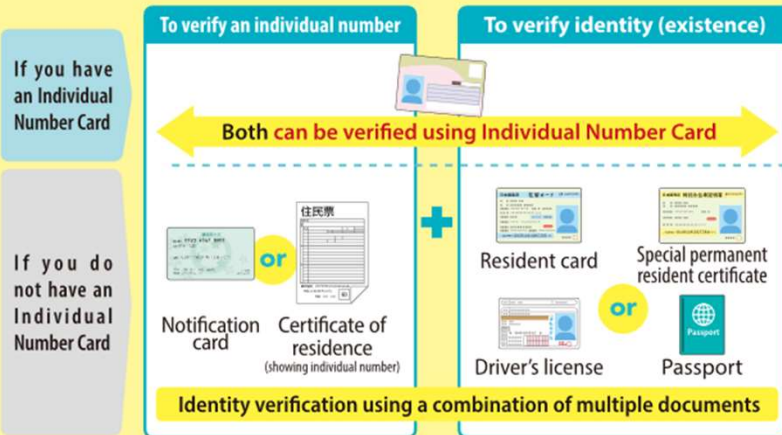
System for verifying eligibility and related procedures

The Health Insurance Society registers Myna health insurance cards with the online eligibility verification system. Please notify the Health Insurance Society of your individual number and those of your family (dependents) via your company.

Within five days

Notify of individual number(s)	Enter individual numbers and submit	Register with the online eligibility verification system
You	Employer	Health Insurance Society

Once registration with the online eligibility verification system is complete

Examined/treated using Myna health insurance card

You	Medical care institution

Verify eligibility on the online eligibility verification system

Your copayment is 30% of medical care costs
(Health Insurance Society pays 70%)

When you notify of your individual number, your employer will verify your individual number and your identity (existence).

By law, when you notify of your individual number, your employer may ask you to submit identification documents to verify your individual number and your identity. **If you have an Individual Number Card, it can be used to verify both your individual number and your identity.** If you do not have an Individual Number Card, your identity needs to be verified using a combination of multiple documents, as illustrated below.

	To verify an individual number	To verify identity (existence)
If you have an Individual Number Card	**Both can be verified using Individual Number Card**	
If you do not have an Individual Number Card	Notification card **or** Certificate of residence (showing individual number)	Resident card / Special permanent resident certificate **or** Driver's license / Passport

Identity verification using a combination of multiple documents

* You may be asked to confirm the name(s) written in romaji in these documents.

To be examined or treated using a Myna health insurance card, you must complete registration for use of your Individual Number Card as a health insurance card.

To use your Individual Number Card as a health insurance card, you must complete registration yourself for use as a health insurance card.

You can complete registration for use as a health insurance card at these locations

Mynaportal	Card reader at medical care institution counter
Seven Bank ATM	Municipal office counter

⚠ **We recommend early registration.**

Tip

Members are legally required to notify their health insurance societies of their individual numbers.

The Health Insurance Act and the Ordinance for Enforcement of the Health Insurance Act require members to notify of their individual numbers to their health insurance societies. Be sure to notify your employer within five days.

✚ National Federation of Health Insurance Societies (KENPOREN)
(JF) Health Insurance Society

01 Japan's medical insurance system covers even non-Japanese nationals.

1 IN JAPAN, ANYBODY WHO SATISFIES CERTAIN CONDITIONS IS COVERED BY PUBLIC MEDICAL INSURANCE, REGARDLESS OF NATIONALITY.

ANYBODY?

YES. COMPANY EMPLOYEES ARE USUALLY MEMBERS OF HEALTH INSURANCE SOCIETIES.

2 INSURANCE PREMIUMS ARE DETERMINED BY PAY AND BORNE EQUALLY BY COMPANY AND EMPLOYEE.

SPLIT HALF AND HALF!

MY COMPANY PAYS HALF OF MY PREMIUMS

COMPANY — PREMIUMS

3 HEALTH INSURANCE IS A SOCIAL SECURITY SYSTEM THAT PROVIDES BENEFITS FOR ILLNESS, INJURY, CHILDBIRTH, AND DEATH.

In-kind benefits
You can receive medical services for illness or injury by paying just a portion of the cost.

Cash benefits
You can receive lump-sum payments when you take time off work due to childbirth or illness or as death benefits.

UNDER THIS WONDERFUL SYSTEM, ANYBODY CAN RECEIVE MEDICAL CARE AT ANY TIME AND AT ANY MEDICAL CARE INSTITUTION BY PAYING JUST A PORTION OF THE COST.

I'M SO GLAD I DON'T HAVE TO PAY THE WHOLE AMOUNT!

Tip

How Japan's medical insurance system works

All Japanese citizens are covered by public medical insurance. They have access to medical care no matter where they live in Japan with **30% copayment**, in principle.

You are a member of this program!

Health insurance societies
Company employees and their families

Japan Health Insurance Association (Kyokai Kenpo)
Company employees and their families not enrolled in the above program

Mutual Aid Associations
Public employees, faculty/teaching staff, and their families

National Health Insurance
Self-employed and unemployed persons and their families

Medical Care System for the Advanced Elderly
Age 75 and older, in principle

Birth (Covered by family medical insurance) — Childhood

(Covered by one's own medical insurance) — Working

Retirement — Age 75

02 What is a Myna health insurance card?

1 THE HOSPITAL ASKED ME TO SUBMIT A MYNA HEALTH INSURANCE CARD. WHAT'S THAT?

2 HEALTH INSURANCE CARDS WILL NO LONGER BE AVAILABLE FROM DECEMBER 2, 2024. A MYNA HEALTH INSURANCE CARD IS AN INDIVIDUAL NUMBER CARD FOR WHICH REGISTRATION FOR USE AS A HEALTH INSURANCE CARD HAS BEEN COMPLETED.

CAN I USE MY MYNA HEALTH INSURANCE CARD IF I VISIT A HOSPITAL RIGHT NOW?

3 USE OF INDIVIDUAL NUMBER CARDS AS HEALTH INSURANCE CARDS HAS BEGUN ALREADY. MYNA HEALTH INSURANCE CARDS PROVIDE THE FOLLOWING BENEFITS:

Your payments are only **30%** of medical care costs.
30%
* Unchanged

Copayments paid at the counter do not exceed a certain fixed amount even for high-cost medical care.

No matter which medical care institution you visit, doctors can check your medical records to provide appropriate care.
* With your consent

Peace of mind of being able to get the medication you need with your Myna health insurance card even when traveling or after a disaster

4 WHAT HAPPENS IF I DON'T BRING MY MYNA HEALTH INSURANCE CARD TO A HOSPITAL?

YOU MAY HAVE TO PAY MORE THAN NECESSARY AT THE COUNTER. BE SURE TO PRESENT YOUR MYNA HEALTH INSURANCE CARD WHEN YOU VISIT A HOSPITAL.

Tip

Steps for verifying eligibility online using a Myna health insurance card

1 If you do not have an Individual Number Card, you need to obtain one.

2 Register to use your Individual Number Card as a health insurance card. (Myna health insurance card will become available.)

3 Notify your employer of your individual number. (The employer will submit it to the Health Insurance Society, which will then register it with the online eligibility verification system.)

4 When getting medical care at a medical care institution, your identity is verified by placing your Myna insurance card on the card reader at the medical care institution.